

GURU NANAK COLLEGE

Jhajra, Dehradun

(Approved by AICTE, New Delhi, Affiliated to Sri Dev Suman Uttarakhand University)

Ref. No: GNC/PO.0067

Date:09.12.2024

TO WHOMSOEVER IT MAY CONCERN

Sub: Mechanism for Social and Emotional Learning as per NEP-2020

The National Education Policy (NEP) 2020 introduces a transformative approach to education in India by placing strong emphasis on social-emotional learning (SEL). It strives to create a supportive and inclusive learning environment where students can cultivate empathy, self-awareness, emotional regulation, and strong interpersonal skills.

- NEP 2020 underscores the holistic development of learners, recognizing that academic success is deeply interconnected with students' emotional and social well-being.
- It advocates for the seamless integration of SEL strategies and practices into both the curriculum and classroom experiences, aiming to nurture essential life skills and emotional intelligence in students.
- Through the inclusion of SEL, the NEP envisions classrooms that are not only academically enriching but also emotionally supportive, promoting the all-round development of learners.
- This initiative reflects a progressive shift in educational philosophy—one that values mental health, emotional balance, and meaningful relationships as core components of student development.
- Developing tools and frameworks to assess social-emotional competencies is crucial for understanding student progress and refining instructional approaches.
- Teachers play a pivotal role in modeling and guiding social-emotional learning. Professional development programs are essential for equipping educators with the skills to support SEL in their classrooms.
- Extending SEL beyond school walls by involving parents, caregivers, and community members strengthens the learning ecosystem and encourages collaborative growth.

In line with the All India Council for Technical Education's (AICTE) vision to foster holistic development in technical education, our institution has integrated following Social and Emotional Learning (SEL) courses into the curriculum. This initiative also aligns with the National Education Policy (NEP) 2020, which emphasizes the importance of life skills and emotional well-being in student development.

For BCA

1. Personality Development and Life skills
2. Environmental Studies
3. Understanding India
4. Human Values
5. Self-Employment and Entrepreneurship Development

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For BBA

1. Personality Development and Life skills
2. Business Communication
3. Understanding India
4. Customer relationship management
5. Self-Employment and Entrepreneurship Development

Each of these courses carries one credit and is designed to equip students with essential skills for personal and professional success. By embedding SEL into the curriculum, we aim to nurture well-rounded individuals capable of thriving in diverse environments.

Sincerely

**Principal
Guru Nanak College
Jhajra, Dehradun, Uttarakhand**